2-DAY RETREAT
SAMPLE SCHEDULE

SATURDAY
7:45 a.m. WELCOME, COFFEE, NAME TAGS, GROUP ASSIGNMENTS

8:15 MOVE INTO SMALL GROUPS
8:20 INTRODUCTIONS IN SMALL GROUPS
8:30 RETREAT LEADER'S OPENING TALK
9:30 BREAK
10:00 1ST TALK 10 minutes
       Discussion 15 minutes
       Prayer and Share One-on-one 10 minutes
10:45 BREAK
11:00 2ND TALK (repeat sequence)
11:45 BREAK
12 Noon LUNCH
1:00 MEDITATION:
1:10 RETREAT LEADER'S TALK
1:15 3RD TALK (repeat sequence)
2:00 BREAK
2:15 4TH TALK (repeat sequence)
3:00 BREAK
3:30 SILENCE
3:35 DISCUSSION IN SMALL GROUPS
4:00 PRAYER OF THANKSGIVING FOR GOD'S LOVING GRACE
4:05 BREAK
4:20  5TH TALK  (repeat sequence)

5:05  EVENING MEAL IN INSTITUTION MESS HALL (optional)

6:00  BREAK

7:45  CLOSING PRAYER, LEAVE NAME TAGS HERE, GOOD NIGHT

SUNDAY

7:45 a.m.  WELCOME, COFFEE, NAME TAGS

8:00  MEDITATION:

8:30  SILENT CONFESSION

8:40  2 MORE MINUTES OF SILENT CONFESSION

8:45  BREAK

9:00  MORNING WORSHIP SERVICE (in institution chapel with resident church community)

10:30  BREAK

10:50  RETREAT LEADER'S TALK (if appropriate)

11:00  6TH TALK  (repeat sequence)

11:45  BREAK then LUNCH at Noon

12:45 p.m.  7TH TALK  (repeat sequence)

1:40  BREAK

2:00  8TH TALK  (repeat sequence)

2:45  BREAK

3:05  CONCLUSION - RETREAT LEADER

3:15  SHARING AND THANKSGIVING

3:45  CLOSING PRAYER