

2-DAY RETREAT SAMPLE SCHEDULE

SATURDAY

7:45 a.m.	WELCOME, COFFEE, NAME TAGS, GROUP ASSIGNMENTS	
8:15	MOVE INTO SMALL GROUPS	
8:20	INTRODUCTIONS IN SMALL GROUPS	
8:30	RETREAT LEADER'S OPENING TALK	
9:30	BREAK	
10:00	1ST TALK	10 minutes
	Discussion	15 minutes
	Prayer and Share One-on-one	10 minutes
10:45	BREAK	
11:00	2ND TALK	(repeat sequence)
11:45	BREAK	
12 Noon	LUNCH	
1:00	MEDITATION:	
1:10	RETREAT LEADER'S TALK	
1:15	3RD TALK	(repeat sequence)
2:00	BREAK	
2:15	4TH TALK	(repeat sequence)
3:00	BREAK	
3:30	SILENCE	
3:35	DISCUSSION IN SMALL GROUPS	
4:00	PRAYER OF THANKSGIVING FOR GOD'S LOVING GRACE	
4:05	BREAK	

4:20 5TH TALK (repeat sequence)

5:05 EVENING MEAL IN INSTITUTION MESS HALL (optional)

6:00 BREAK

7:45 CLOSING PRAYER, LEAVE NAME TAGS HERE, GOOD NIGHT

SUNDAY

7:45 a.m. WELCOME, COFFEE, NAME TAGS

8:00 MEDITATION:

8:30 SILENT CONFESSION

8:40 2 MORE MINUTES OF SILENT CONFESSION

8:45 BREAK

9:00 MORNING WORSHIP SERVICE (in institution chapel with resident church community)

10:30 BREAK

10:50 RETREAT LEADER'S TALK (if appropriate)

11:00 6TH TALK (repeat sequence)

11:45 BREAK then LUNCH at Noon

12:45 p.m. 7TH TALK (repeat sequence)

1:40 BREAK

2:00 8TH TALK (repeat sequence)

2:45 BREAK

3:05 CONCLUSION - RETREAT LEADER

3:15 SHARING AND THANKSGIVING

3:45 CLOSING PRAYER