

A Word For Life

Talk Sheet

Finding the Blessing

Introduction:

There are blessings all around us. We often get so bogged down in our circumstance or what is happening around us that we miss them. Keeping track of our blessing can change the way we look at and live life.

Talk Points:

- Keeping track of our blessings can help _____.
- The Prison Epistles are _____, _____, _____, _____.
- Are you quick to find the blessings around you? Why or why not?

Things To Ponder:

- Sometimes we search high and low to find one thing but find other treasures along the way.
- God loads us with blessings each day.
- We often overlook the most obvious blessings.
- Some of the Bible was written by an inmate who recognized how overwhelmingly blessed he was.

Apply What You Heard:

Keeping track of your blessings can help your thought patterns. How can keeping track of your blessings help you? Try keeping track of at least one every day.

Reflect:

Give praise to the God and Father of our Lord Jesus Christ. He has blessed us with every spiritual blessing. Those blessings come from the heavenly world. They belong to us because we belong to Christ.