

A Word For Life

Talk Sheet

The Meaning of Repentance

Introduction:

In the dictionary, the word repentance is described as an act of remorse or regret. But what does it really mean to repent? When should we do it and why? Repentance is a vital part of life and in order to live a life free of guilt, repentance must be a part of it. God is always there and always willing to accept a repentant heart.

Talk Points:

- Repentance means _____ to God.
 - Repenting involves moving _____ away from something and towards God.
 - What does repent mean to you? _____
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Things To Ponder:

- The English definition of the word repent is something along the lines of “feeling remorse or regret” or being disgusted by and turning away from your sins. The Christian definition means responding to God’s love by being transformed in your convictions and actions.
- Repentance is not about your failure, it’s about God’s love for you and your returning to Him who loves you.

Apply What You Heard:

What do you need to repent from? What steps do you need to take to Return to God?

Reflect:

Don't be conformed to this world but be transformed by the renewing of your mind, so that you may prove what is the good, well-pleasing, and perfect will of God.

Romans 12:2