

Until We Come Back

Talk Sheet

Just Let It Go

Introduction:

Our past is what makes us who we are. But sometimes that's not a good thing. When we become Christians, we are to let go of our past and move forward into a better future with God directing our steps.

Talk Points:

- The past is _____ and God wants to do something _____....and better, and wonderful in your life.
- God _____ to heal everything that hurt us BUT we have to _____ to let it go.
- How does having Jesus in your heart make you think about the past and future differently?

Things To Ponder:

- God took some pretty crazy people and did some of the most amazing things through them.
- We at Kairos can't wait to come back in!
- Galatians 2:20—I have been crucified with Christ. I don't live any longer, but Christ lives in me. Now I live my life in my body by faith in the Son of God. He loved me and gave himself for me.

Apply What You Heard:

What things from the past are you stuck on? How can you forgive them and move forward?

Reflect:

Forget the things that happened in the past. Do not keep on thinking about them. I am about to do something new. It is beginning to happen even now. Don't you see it coming? I am going to make a way for you to go through the desert. I will make streams of water in the dry and empty land.